



Bedfordshire
Road Cycling
Club

The Bedfordshire Cyclist

Issue 95

August 2016

Editorial

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The Editor's lot is not arduous, but for a technophobe like me it is becoming more difficult. In the dim and distant past, anyone wishing to pass on information would simply write a letter. Now that we have the wonders of the digital age it should, one would suppose, be much simpler. Not so, dear reader. With the whole of the internet to choose from our budding author may elect to communicate by email or text message. Then again the forum page on the Club website might be the medium of choice, unless he opts to tweet it or put it on

Facebook. The material to write a magazine is there, the problem is finding it! Anyhow, rant over, the Club continues to thrive. Two or even three club runs every Sunday and untold feats of speed and daring from the Race Team all add up to a healthy club.

Despite the changeable weather members can be seen out on their bikes every day of the week.

Autumn will soon be upon us and the nights drop in - don't get caught without your lights! TAB

Special points of interest:

Open Event wins & team prize

Pp 7 & 8

A.G.M P 9

New Members P 11

Contacts. P 12

Membership of the Club is open to all interested in cycling. Further information is available on the Club's website www.bedsroad.org
Information on subscriptions is on page 3.
Anyone who has not renewed for 2016 will now need to rejoin.

Deadline for copy for next edition.
Monday 3rd October 2016

PARKING AT THE CLUBROOM

We have agreed with our neighbours not to park opposite their entrances. In fact it is not always our members who are responsible but nevertheless we have obtained some "NO PARKING" signs which we hope you will observe.

Diary of Events

Monday 29th August	100 k, 100 m and 50 k rides & barbeque.	Clubroom 9.30
Saturday 3rd September	Emergency Services 10 miles	Brogborough 12.00
Sunday 11th September	SPOCO 20.5 miles course 1z/20.5	Clubroom 08.00
Sunday 11th September	Norland Combine 25 miles course F2A/25	07.00
Friday 16th September	Club AGM	Clubroom 7.30
Sunday 18th September	SPOCO 16 miles course 1z/16	Clubroom 08.00
Sunday 2nd October	Interclub Hillclimb (Saint Neots CC)	
Thursday 3rd November	Turbo Training begins. Contact Mark Gray for details	

Wednesday Mornings

Wecycle Wednesdays meet at Barkers Lane entrance to Priory Park. 09.30
 Contact Rick - 01767 651097 **
 Family Ride. Contact Ian McDonnell

Wednesday Evenings

Saturday Mornings

Go-Ride sessions. Various locations, based on Priory Park. 0.900
 (Check with Sam Bayliss)

Sunday Mornings

Club-runs leave from The Swan at 09.00 (check web site)
 **Note- This is a group of friends, not necessarily Club members, and does not constitute a part of the Beds Road CC programme.



CLUB MEMBERSHIP

SUBSCRIPTIONS ARE DUE ON JANUARY 1st

Joining Fee**	£ 5
Senior 18+	£20
Couples	£25
Family (Couple +under 18's in full-time education)	£33
Junior (16-17 yrs)	£ 8
Juvenile (12-15 yrs)	£ 6
Under 12 years old	Free
60+ on 1st January	£10

Membership Secretary:-
Gill Mc.Bride, membership@bedsroad.org

Subscriptions may be renewed by contacting Gill in person
at the Clubroom,
by post to :- Membership Secretary,
25,Raglan Drive,
Rushden,
Northants. NN10 0RX

Please make cheques payable to 'Beds Road C.C.'
or by Bank Transfer to :- Lloyds TSB, High St, Bedford
Account Name Bedfordshire Road Cycling Club
Account 01293926
Sort Code 30-90-66

Please use the reference **Joe Bloggs subs*** so that we
can identify from whom and why remittance was made.
*Change to your real name (some people didn't)

** Only applies to new members and those who renew after 31st March.

A copy of this magazine is kept in the British Library and forms an important part of the Club History. It is vital therefore, that accounts are as complete as possible. Would you all please send results, reports and stories to the Editor so that a true picture of Club activities is recorded. (See back page for addresses)

Magazine distribution

Please read carefully.

Members for whom we have no e-mail address will continue to receive the magazine in the post.

Members for whom we have a current e-mail address will receive an e-mail containing a link to the Club web site, where the magazine can be read or downloaded. If this does not happen it means that we do not have your correct address and you should contact the Communication Secretary as soon as possible.

Members with an e-mail address, but who prefer to receive a paper copy, can still do so by contacting the Editor (details on back page.)

Road Safety.

An important reminder to everyone.

We regrettably have, on occasions, disqualifications in Club events where riders are on the wrong side of the road. Your own safety and that of other competitors and road users is high on our list of priorities so, if we notice anyone putting themselves or others at risk in any Club event, we WILL disqualify.

Evening League		39 Des Roberts	BRCC	39:45
<u>No. 10 Thursday 30th June 11.3 miles.</u>		40 Dave Crane	Chronos RT	40:30
Results		-----		

Pos	Name	Club	Time	Grateful thanks to all who helped in the running of this event , who were:-	
1	Thomas Robb	BRCC	26:11	Jon Clark, Ruth Kerr, Mark Gray, Rick Fisher, Ashley Strows, Chris Capps, Phil Bieron, Gail Fisher, Andy Purdy, Ian & Jo McDonnell and Graham Laming.	
2	Simon Cannings	Equipe Velo	26:18	-----	
3	Ian Knight	Come & Try	26:30	<u>No. 11 Thursday 7th July. 10 miles.</u>	
4	Patrick Smith	BRCC	27:19	Results	
5	Daniel Duggan	Icknield RC	27:42	Pos	Name
6	Oliver Knight	Club Corley	27:49	1	Ian Knight
7	Matt Donovan	BRCC	27:55	2	Simon Cannings
8	John Mitcalf	BRCC	28:05	3	J.Steele Jessop
9	Peter Gell	BRCC	28:31	4	Oliver Knight
10	Lindz Barral	Equipe Velo	28:48	5	Thomas Robb
11	David Elliot	BRCC	28:50	6	Mike Jackson
12	Mick Case	BRCC	29:00	7	Josh Roberts
13	David Cook	BRCC	29:01	8	Patrick Smith
14	Jamie Lloyd	Team Corley	29:05	9	Richard Golding
15	Phillip Odell	CC Luton	29:20	10	Paul French
16	Cody Nelson	BRCC	29:27	11	Matt Donovan
17	Andy Kerr	BRCC	29:34	12	Peter Gell
18	Andrew M Smith	BRCC	29:44	13	Max Hale
19	Mark Gray	BRCC	30:23	14	Oswin Grady
20	Sarah Short	Bonito S.C.	30:25	15	Stuart Short
=21	Steve LePage	BRCC	30:52	16	Andrew Knight
=21	Geoff Hicks	BRCC	30:52	17	Cody Nelson
23	Jan Laming	BRCC	31:15	18	Mark Gray
24	William Tusting	Bonito S.C.	31:24	19	David Cook
25	Theresa Jackson	CC Luton	32:03	20	Stuart Harvey
26	Elaine Maitland	Bonito S.C.	32:09	21	Ian Woodcock
27	Matthew Raw	BRCC	32:24	22	Tim Litchfield
28	Katie Edwards	Pedalworks	32:46	23	Andrew M Smith
29	Zac Rogers	BRCC	32:48	24	Andy Kerr
30	Sarah Kerr	BRCC	32:59	25	Chris Priestley
31	Ian McDonnell	BRCC	33:11	26	Andrew Vaughan
32	Jonathan Roots	BRCC	33:16	27	Geoff Hicks
33	Matt Bowmer	BRCC	33:51	28	Nicholas Beardow
34	Keith Gray	BRCC	34:06	29	Steve LePage
35	Gail Fisher	BRCC	34:47		
36	Sacha Lynch	Come & Try	34:48		
37	Howard Pile	BRCC	38:09		
38	Phil Bieron	BRCC	39:39		

30	William Tusting	Bonito S.C.	27:11	10	John Mitcalf	BRCC	27:38
31	Iain Macfarlane	Bonito S.C.	27:34	11	Grant Orsborn	Icknield RC	27:39
32	Chris Milbourne	BRCC	27:43	12	Matt Donovan	BRCC	27:41
33	Theresa Jackson	CC Luton	28:15	13	Peter Gell	BRCC	27:45
34	Elaine Maitland	Bonito S.C.	28:20	14	David Cook	BRCC	27:53
35	Sarah Short	Bonito S.C.	28:28	15	Glenn Tearle	Team MK	28:12
36	Zac Rogers	BRCC	28:42	16	Ian Woodcock	BRCC	28:15
37	Katie Edwards	Pedalworks	29:13	17	Neil Goldsmith	Icknield RC	28:38
38	Matt Bowmer	BRCC	29:21	18	Tim Litchfield	Come & Try	28:54
39	Ian McDonnell	BRCC	29:23	19	Mick Case	BRCC	29:02
40	Andy Beveridge	Come & Try	29:53	20	Cody Nelson	BRCC	29:15
41	Andy Purdy	BRCC	30:01	21	Matt Bourne	H'fld Star W*	29:33
42	Nicola Rouse	CC Luton	30:03	22	Phillip Jenkins	BRCC	29:34
43	Julie Pritchett	BRCC	30:12	23	Andy Kerr	BRCC	29:37
44	David Taylor	BRCC	30:45	24	Mark Gray	BRCC	29:41
45	Howard Pile	BRCC	32:40	25	Billy Fadden	BRCC	29:58
46	Shane Roberts	BRCC	34:33	26	Chris Priestley	BRCC	30:01
47	Des Roberts	BRCC	34:51	27	Nicholas Beardow	BRCC	30:53
48	Phil Bierton	BRCC	35:37	28	William Tusting	Bonito S. C	30:55
49	Terry Sykes	BRCC	35:58	29	Alastair Fadden	BRCC	31:02
50	Dave Crane	Chronos RT	40:03	30	Andrew Vaughan	Bonito S. C	31:08

Grateful thanks to all who helped in the running of this event , who were:-

Geoff Hicks, Mark Gray, Rick Fisher, Keith Gray, Terry Sykes, Gail Fisher, Andy Kerr, Ian & Jo McDonnell, Chris Priestley and Graham Laming.

No. 12 Thursday 14th July 11.3 miles

Results

Pos	Name	Club	Time				
1	Jason Green	BRCC	25:16	41	Matthew Davies	Bonito S. C	35:12
2	Simon Cannings	Equipe Velo	25:35	42	Juliet Smith	BRCC	35:23
3	Thomas Robb	BRCC	25:53	43	Howard Pile	BRCC	35:34
4	Ian Knight	Come & Try	25:56	44	Des Roberts	BRCC	38:50
5	J.Steele Jessop	CC Luton	26:02	=45	Terry Sykes	BRCC	38:54
6	Josh Roberts	Come & Try	26:31	=45	Phil Bierton	BRCC	38:54
7	Richard Golding	Equipe Velo	26:54	47	Ewan Grady	BRCC	38:57
8	Andrew Knight	BRCC	27:18	48	Dave Crane	Chronos RT	40:10
9	Paul French	BRCC	27:21				

* Huddersfield Star Wheelers

Grateful thanks to all who helped in the running of this event , who were:-

Patrick Smith, Amy Campbell, Mark Gray, Rick Fisher, Jon Carver, Terry Sykes, Andy Smith, Chris Capps, Ian & Jo McDonnell, Gail Fisher, Paul French and Graham Laming.

Grateful thanks to all who helped in the running of this event , who were:-

Geoff Hicks, Ruth Kerr, Rafael Gil, Mark Gray, Patrick Smith, Matt Donovan, Chris Capps, Terry Sykes, Ian McDonnell, Paul French, and Graham Laming.

No. 13 Thursday 21st July. 10 miles.

Results			
Pos	Name	Club	Time
1	Simon Cannings	Equipe Velo	22:11
2	Thomas Robb	BRCC	22:22
3	Oliver Knight	Club Corley	22:51
4	Paul French	BRCC	22:54
5	Grant Orsborn	Icknield RC	23:13
6	Matt Donovan	BRCC	23:16
7	Neil Goldsmith	Icknield RC	23:25
8	Andrew Knight	BRCC	23:32
9	John Mitcalf	BRCC	23:42
10	Jon Friend	BRCC	23:47
11	Emily Cox	BRCC	23:48
12	Cody Nelson	BRCC	24:40
13	Mick Case	BRCC	24:43
14	Andy Kerr	BRCC	24:55
15	Andrew M Smith	BRCC	25:34
16	William Tusting	Bonito S.C.	25:55
17	Jan Laming	BRCC	26:13
18	Chris Priestley	BRCC	26:28
19	Chris Martell	BRCC	26:53
20	Iain Macfarlane	Bonito S.C.	26:56
21	Elaine Maitland	Bonito S.C.	27:43
22	Ruth Kerr	BRCC	27:52
23	Jonathan Roots	BRCC	28:24
24	Gail Fisher	BRCC	29:33
25	Eva Kovacs	B'fd Harriers	29:51
26	Juliet Smith	BRCC	29:56
27	Shane Roberts	BRCC	32:04
28	Des Roberts	BRCC	32:06
29	Phil Bierton	BRCC	32:59
30	Terry Sykes	BRCC	33:02
31	Dave Crane	Chronos RT	33:11

No. 14 Thursday 28th July. 11.3 miles

Results			
Pos	Name	Club	Time
1	Mick Hodson	St. Ives CC	25:51
2	Oliver Knight	Club Corley	25:52
3	Ian Knight	Come & Try	26:08
4	Jason Moore	BRCC	26:23
5	Paul French	BRCC	27:04
6	John Mitcalf	BRCC	27:42
7	Oswin Grady	BRCC	27:54
8	Peter Gell	BRCC	27:56
9	Abid Hussain	Icknield RC	27:57
10	Cody Nelson	BRCC	28:48
11	Mick Case	BRCC	28:49
12	David Cook	BRCC	29:02
13	Trevor Hook	Team MK	29:09
14	David Elliopt	BRCC	29:25
15	Andy Kerr	BRCC	29:41
16	Charlie Pugh	Come & Try	29:53
17	Jan Laming	BRCC	30:04
18	Nicholas Beardow	BRCC	30:09
19	Chris Priestley	BRCC	30:50
20	Dave Watson	CC Luton	30:58
21	William Tusting	Bonito S.C.	31:20
22	Alastair Fadden	BRCC	31:33
23	Sarah Short	Bonito S.C.	31:47
24	Elaine Maitland	Bonito S.C	32:41
25	Ruth Kerr	BRCC	33:10
26	David Taylor	BRCC	34:39
27	Juliet Smith	BRCC	34:52
28	Geoff Hicks	BRCC	35:41
29	Howard Pile	BRCC	36:06
30	Phil Bierton	BRCC	39:15
31	Des Roberts	BRCC	39:59

32	Dave Crane	Chronos RT	40:37	=28	Zac Rogers	BRCC	28:27
33	Ewan Grady	BRCC	40:40	30	Elaine Maitland	Bonito S.C.	28:51
-----				31	Jonathan Roots	BRCC	28:55
Grateful thanks to all who helped in the running of this event , who were:-				32	Matt Bowmer	BRCC	29:03
Mick Case, Ruth Kerr, Keith Gray, Mark Gray, Simon Norman, Jon Clark, Graham Laming, Phil Bierton, Anna Priestley, Andy Kerr, Ian & Jo McDonnell and Paul French.				33	Nicola Rouse	CC Luton	29:57
-----				34	Juliet Smith	BRCC	30:08
<u>No. 15 Thursday 4th August, 10 miles.</u>				35	Julie Pritchett	BRCC	30:26
Results				36	Eva Kovacs	B'fd Harriers	30:37
Pos	Name	Club	Time	37	Mark Hammond	BRCC	30:50
1	Oliver Knight	Club Corley	22:20	38	Howard Pile	BRCC	31:25
2	Simon Cannings	Equipe Velo	23:07	39	Gail Fisher	BRCC	31:26
3	Thomas Robb	BRCC	23:10	40	Paula James	BRCC	33:57
4	Richard Golding	Equipe Velo	23:34	41	Dave Crane	Chronos RT	34:42
5	Daniel Duggan	Ickniel RC	24:13	42	Ewan Grady	BRCC	35:19
=6	Grant Orsborn	Ickniel RC	24:16	43	James Baylis	BRCC	36:14
=6	Jon Friend	BRCC	24:16	-----			
=8	Peter Gell	BRCC	24:23	Grateful thanks to all who helped in the running of this event , who were:-			
=8	Oswin Grady	BRCC	24:23	Jon Clark, Matt Raw, Mark Gray, Rick Fisher, Anna Priestley, Phil Bierton, Andy Kerr, Gail Fisher, Chris Priestley and Graham Laming.			
10	John Mitcalf	BRCC	24:31	-----			
11	David Elliott	BRCC	24:43	Open Time Trials			
12	Matt Donovan	BRCC	25:08	<u>Sunday July 3rd</u> Finsbury Park 50 miles.			
13	David Cook	BRCC	25:14	Course F1B/50			
14	Cody Nelson	BRCC	25:16	24th	Matt Donovan		2:01:46
15	Steve James	BRCC	25:19	1st	Jonathan Shubert,		1:46:21
16	Andy Kerr	BRCC	25:37	Arctic Tax RT			
17	Mick Case	BRCC	25:47	-----			
18	Liam Roberts	BRCC	26:10	<u>Saturday 9th July</u> Team Salesengine 10 miles. Course F2D/10			
19	Jan Laming	BRCC	26:17	1st	Simon Norman		19:50
20	Billy Fadden	BRCC	26:34	6th	Jason Green		20:41
21	Andrew M. Smith	BRCC	26:36	36th	David Cook		23:03
22	Nicholas Beardow	BRCC	26:38	43rd	Mark Gray		23:31
23	Chris Priestley	BRCC	27:06	53rd	Cody Nelson		24:24
24	Alastair Fadden	BRCC	27:26	Simon, Jason and David also took the team prize			
25	Steve LePage	BRCC	27:40				
26	William Tusting	Bonito S.C.	27:57				
27	Iaian Macfarlane	Bonito S.C.	28:07				
=28	Neil Goldsmith	Ickniel RC	28:27				

Deadline for copy for next edition. Monday 3rd October 2016

Continued on P.8

*Open TT continued.*Saturday 16th July Team Cambridge 10 miles. Course F2D/10 (Ladies)

1st Emily Cox 21:46

Saturday 23rd July N&DCA 25 miles.

Course F14/25

31st David Cook 1:03:32

Andrew M. Smith 1:05:29

1st John Mulvey, 53:59

Cambridge University CC

Saturday 23rd July Islington CC 10 miles.

Course F15/10

14th Matt Donovan 22:12

1st Ryan Witchell, 20:38

Raadeon-Bike RT

Sunday 24th July Verulam CC 25 Miles.

Course F1B/25

7th Emily Cox (F) 55:57

15th Jon Friend 57:55

32nd Cody Nelson (J) 1:01:00

1st Matt Sinclair, 49:51

Lutterworth Cycle Centre RT

Saturday 30th July Chronos RT 10 miles.

Course F2A/10 (Std road bikes)

1st Michael Laborero 22:09

-----(TT bikes)---

7th Jason Green 20:31

24th Emily Cox (F) 21:43

28th Peter Gell 22:00

1st Ashley Cox, CC Luton 18:50

Sunday 31st July VTTA 25 miles.

Course E2/25

30th Paul French 55:06

57th Peter Gell 57:25

60th Jon Friend 57:37

1st Jonathan Parker, Team Bottrill 47:54

Sunday 7th August BRCC Charity 25 miles.

Course F1B/25

21st Jon Friend 58:48

22nd John Mitcalf 59:22

28th David Cook 1:01:05

34th Mick Case 1:02:13

43rd Chris Priestley 1:05:16

1st Luke Clarke, 52:42

TMG Horizon Cycling Team.

Chattel Shield for fastest team of four:-

TMG Horizon Cycling Team.

1st Luke Clarke 52:42

3rd Ross Clarke 53:59

Darren Powell 58:46

Steve Clarke 1:00:33

Aggregate Time 3:46:00

Sunday 7th August RTTC National 25 mile

Championship. Course B25/4

30th Simon Norman 50:46

104th Paul French 55:49

1st Ryan Perry, 46:31

Langdale Lightweight RT

Road RacingTuesday 5th July St Ives NCRA Scratch

Race - 2/3/4/cat.

9th Michael Laborero 3rd Cat. 7 Pts

15th Jason Green 3rd Cat 1 Pt

Wednesday 6th July Rockingham Raceway

Circuit Series No. 11 3/4 Cat.

2nd Michael Laborero 3rd Cat 8 Pts

Thursday 14th July Rockingham Raceway

Circuit Series No. 11 2/3/4 Cat.

7th Michael Laborero 3rd Cat 4 Pts

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For sale

The following message has been received from Stephan March.

We were wondering if anyone in your cycling club may be interested in my wife's car due to it having an integrated 2 bike, bike carrier.

The car is a white 2012 #34; 12 & # 34; plate 1.4 5 door Vauxhall Corsa "SE" with a built in bike carrier, rear centre headrest, blue tooth and winter pack of heated steering wheel and heated front seats.

The car is in excellent condition and has a full service history and has only 23,500 miles on the clock. When in use the bike carrier extends out from the rear of the car, keeping the number plate visible with additional lights and indicators to ensure that you are seen and safe. The built in 2 bike carrier, is a factory fitted optional extra that disappears beneath the boot when not in use. My wife is looking for around £ 5,650 or near offer.

We live in the LU2 area of Luton and can be contacted on 07793 914388 or 01582 654717 if anyone is interested.

Many thanks,

Regards,
Steve.

Bedfordshire Road Cycling Club

A.G.M.

Will be held in the
Clubroom

on

**FRIDAY, 16th
SEPTEMBER,**

2016

at 7.30 pm

It is important that
as many members
as possible attend.
Please come along
and have a say in
the running of your
club.

Club History

Up to the end of the second world war women's racing was not taken very seriously by the governing bodies. Beds Road Ladies TT Champion, Peggy Speltyncx, was always keen on Women's Rights, long before the modern Feminist Movement and on her behalf the Club ran the first Ladies National 25 mile T. T. Championship in 1944. Club secretary Arthur Swales instigated a nationwide subscription to purchase a trophy. Sadly Peggy did not win the event. Susie Rimmington, Chesterfield Spire CC took the honours in a time of 1:07:46.



This picture of Peggy was taken at a Club Prize Presentation circa 1960.

New Members

We welcome the following new members to the Club.

Andrew Baker	from Biddenham	Rose Donaghey	from Bedford
Lisa Chapple	from Bromham	David Elliot	from bedford
Emily Cox	from Biggleswade	Emma Knight	from Maulden
Alex Dale	from Bromham	Jonathan Narbett	from Kempston
Fred De Klein	from Kempston	Steve Torley	from Milton Keynes

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For Our Younger Readers

4			1		
2	5				
	6				5
		4	6		
		5			3
	1			4	

fill each line and rectangle with numbers 1—6

5	2				
		1			3
		2			6
			1	5	
6				1	
		4	3		

SUDOKU

	6			1	
	4	5		6	
2					
			1		3
					4
		4	2	5	

fill each line and rectangle with numbers 1—6

3			5		
	4				
		1	6		
	2				
				1	
5		4	3	6	



Committee

President:-	Terry Bush	01234 857131
Chairman:-	Mark Gray	
Secretary:-	Manz Khan	
Treasurer:-	Graham Laming	07858 402683
Membership Secretary:-	Gill McBride & Richard Forster	BRCC Membership Sec., 25,Raglan Drive, Rushden, Northants. NN100RX
British Cycling Secretary:-	Manz Khan	
Club Events Secretary:-	Graham Laming	07858 402683
Captain - Men:-	Simon Norman	
Captain - women:-	Colette Cox	
Road Racing Co-ordinator	Vacant	
Time Trial Co-ordinator	Vacant	
Sunday Rides	Vacant	
Time Trial Recorder:-	Patrick Smith	
Junior Secretary & Go Ride:-	Vacant	
Clubhouse Secretary:-	Ian McDonnell	
Maintenance Secretary:-	Ian McDonnell	
Social Secretary:-	Vacant	
Communications Secretary	Mark Gray	
Website Home Page	Graham Laming	07858 402683
Webmaster	Graham Laming	07858 402683
Editor:-	Terry Bush	01234 857131

Written magazine contributions to — 59, Ridge Road,
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Tab.37@btinternet.com

website:- www.bedsroad.org.

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To contact any Committee Member
 Go to
www.book-to-ride.com/brcc_contact_us.php